

# The Sutter Health Plus Network

Access to care when and where you need it



With the Sutter Health Plus network, you can take advantage of conveniently located neighborhood offices, care centers and facilities in your community. This includes access to high-quality primary care doctors, specialists, labs and diagnostic imaging centers, Sutter Walk-In Care, urgent care centers, hospitals and other health care services.

To view all providers and facilities in the service area, please visit [sutterhealthplus.org/providersearch](https://sutterhealthplus.org/providersearch).



## Online Member Tools

**Member Portal** - [shplus.org/memberportal](https://shplus.org/memberportal)

**Health and Wellness Site** - available through the member portal

**Pharmacy Portal** - [express-scripts.com](https://express-scripts.com)

**My Health Online** - [mho.sutterhealth.org](https://mho.sutterhealth.org)

If your PCP does not participate in My Health Online, your functionality is limited.

# Hospitals

## BAY AREA

### ALAMEDA COUNTY

**Alta Bates Summit Medical Center – Alta Bates Campus**  
Berkeley

**Alta Bates Summit Medical Center – Summit Campus**  
Oakland

**Children’s Hospital Oakland**

**Eden Medical Center**  
Castro Valley

**ValleyCare Medical Center**  
Pleasanton

### CONTRA COSTA COUNTY

**Sutter Delta Medical Center**  
Antioch

**San Ramon Regional Medical Center**

### SAN FRANCISCO COUNTY

**California Pacific Medical Center – Davies Campus**  
San Francisco

**California Pacific Medical Center – Mission Bernal Campus**  
San Francisco

**California Pacific Medical Center – Van Ness Campus**  
San Francisco

### SAN MATEO COUNTY

**Mills-Peninsula Medical Center**  
Burlingame

**Sequoia Hospital**  
Redwood City

### SANTA CLARA COUNTY

**El Camino Hospital Los Gatos**

**El Camino Hospital Mountain View**

**Lucile Packard Children’s Hospital**  
Palo Alto

### SANTA CRUZ COUNTY

**Dominican Hospital**  
Santa Cruz

**Sutter Maternity & Surgery Center**  
Santa Cruz

**Watsonville Community Hospital**

### SONOMA COUNTY

**Novato Community Hospital**  
Serving southern Sonoma County

**Sutter Santa Rosa Regional Hospital**

## VALLEY AREA

### PLACER COUNTY

**Sutter Auburn Faith Hospital**

**Sutter Roseville Medical Center**

### SACRAMENTO COUNTY

**Sutter Medical Center, Sacramento**

### SAN JOAQUIN COUNTY

**Dameron Hospital**  
Stockton

**St. Joseph’s Medical Center**  
Stockton

**Sutter Tracy Hospital**

### SOLANO COUNTY

**Sutter Solano Medical Center**  
Vallejo

### STANISLAUS COUNTY

**Memorial Medical Center**  
Modesto

### YOLO COUNTY

**Sutter Davis Hospital**

# Affiliated Medical Groups

When you choose a primary care physician (PCP), you are also choosing the PCP’s affiliated medical group. Your PCP refers you, as needed, for specialty care, X-ray, laboratory and other services. Many covered services, including visits to a specialist, require a referral or prior authorization from your medical group. Your PCP will refer you in-network for most services. If services aren’t available, your PCP will refer you for out-of-network services and will request authorizations when necessary.

## BAY AREA

### Affinity Medical Group

Alameda, San Mateo, Santa Clara and Santa Cruz Counties

### Brown & Toland Physicians<sup>†</sup>

San Francisco County

### Dignity Health Medical Group -Dominican

Santa Cruz County

### Mills-Peninsula Network<sup>\*</sup>

Alameda, San Mateo, Santa Clara and Santa Cruz Counties

### Palo Alto Medical Foundation<sup>\*\*</sup>

Alameda, San Mateo, Santa Clara and Santa Cruz Counties

### Sutter East Bay Medical Foundation<sup>\*\*</sup>

Alameda and Contra Costa Counties

### Sutter Medical Group of the Redwoods<sup>\*</sup>

Sonoma County

### Sutter Pacific Medical Foundation – West Bay<sup>\*</sup>

San Francisco County

## VALLEY AREA

### Sutter Gould Medical Foundation<sup>\*</sup>

San Joaquin and Stanislaus Counties

### Sutter Independent Physicians<sup>\*</sup>

El Dorado, Placer, Sacramento, Solano, Sutter and Yolo Counties

### Sutter Medical Group<sup>\*\*</sup>

El Dorado, Placer, Sacramento, Solano, Sutter and Yolo Counties

### Sutter Medical Group – Solano<sup>\*</sup>

El Dorado, Placer, Sacramento, Solano, Sutter and Yolo Counties

<sup>\*</sup> Select providers offer My Health Online

<sup>\*\*</sup> Offers My Health Online

<sup>†</sup> Specialist physician services only as of Jan. 1, 2021. These physicians may be available by referral from your PCP and authorization from your medical group.

# Accessing Care



## Care Centers

In many communities, you may have access to multispecialty outpatient care centers that provide a wide variety of services—all under one roof. Services available may include:

- Primary care
- Lab
- Specialty care
- X-ray

## SAME-DAY CARE



## Video Visits

Members have access to video visits through their My Health Online account.

- **With a Primary Care Physician (PCP)**

Video visits with a PCP\* are available to members ages three-months and older. Check with your PCP on availability and hours.

- **With a Sutter Provider**

All members ages 18 months and older have access to video visits from 8 a.m. to 8 p.m. daily with a provider at Sutter.

For more information visit, [sutterhealth.org/video-visits](https://sutterhealth.org/video-visits).



## Sutter Walk-In Care

In select areas, you have access to Sutter Walk-In Care, with same-day visits for simple, everyday health needs:

- Colds, flu and strep throat
- Allergies, ear and sinus infections
- Sprains and strains
- Flu shots and other immunizations

For a list of Sutter Walk-In Care locations near you, visit [sutterhealthplus.org/walk-in](https://sutterhealthplus.org/walk-in).



## Urgent Care

You have convenient access to urgent care services\*\*, offering timely care for unforeseen illnesses or injuries requiring immediate attention, including:

- Mild to moderate asthma attacks
- Moderate injuries such as burns or breaks
- Moderate illnesses such as vomiting, fever and diarrhea

For a list of urgent care centers near you, visit [sutterhealthplus.org/urgent](https://sutterhealthplus.org/urgent).



## Hospital Care

You have access to a comprehensive network of hospitals providing 24/7 emergency care\*\* and a variety of outpatient and acute care services,\*\*\* including:

- Cancer
- Cardiology
- Neonatal
- Neurosurgery
- Orthopedic
- Rehabilitation
- Surgical
- Trauma
- Women's and children's

For a list of hospitals near you, visit [sutterhealthplus.org/providersearch](https://sutterhealthplus.org/providersearch).

\* Log in to your MHO account to see if your PCP offers video visits. If your provider doesn't participate in MHO or you're a new patient, please contact your PCP's office for video visit options.

\*\* Coverage includes worldwide out-of-area urgent and emergency care.

\*\*\*For non-emergency care, you can access hospital services through a referral or prior authorization through your primary care physician.